

# UNICITY LIFIBER INTESTINAL CLEANSE

*Helps cleanse the colon, assists weight loss goals, and supports a healthy blood cholesterol level.\**

## FEATURES AND BENEFITS

- Provides more soluble fiber than oat bran.
- Supplies 5.6 grams of soluble and insoluble fiber per 10 gram serving.
- Provides a natural colon cleanse.
- Helps maintain healthy blood cholesterol.
- Assists weight loss goals by providing a full feeling and suppressing appetite.

## PRODUCT INFORMATION

The National Cancer Society recommends 25-40 grams of fiber per day<sup>1</sup>, but the typical North American diet includes only 8-10 grams of daily fiber. **UNICITY LIFIBER**, a psyllium-based powder drink, provides ample high-quality dietary fiber and herbs that are beneficial to the gastrointestinal tract.

LIFIBER offers increased effectiveness by including a special dietary fiber called fructooligo saccharide (FOS). Derived from chicory root, FOS is a naturally sweet substance that cannot be digested by human digestive enzymes. FOS is mainly used as a source of food for beneficial intestinal bacteria.

In addition, LIFIBER includes 29 different herbs that supply both insoluble and soluble fiber. Studies indicate that soluble fiber may help sustain healthy blood cholesterol, while insoluble fiber passes quickly through the digestive system and helps eliminate unwanted wastes.



## SCIENCE

### Exclusive Fiber Matrix

Unicity's fiber blend provides soluble and insoluble fibers, along with prebiotics that help contribute to healthy gut bacteria. With a healthy balance of microflora in the gut, the digestive system can work more efficiently and adverse digestive symptoms may decrease over time with regular use<sup>2</sup>.

### Proprietary Herbal Blend

#### Cayenne Fruit

A natural agent<sup>3</sup> that helps protect the digestive system against damage<sup>4</sup>.

#### Clove

Known for its medicinal, pungent odor. Clove is a powerful nutrient dense herb that supports a healthy digestive system.

#### Peppermint Leaf

Helps the body protect against adverse digestive symptoms, such as bloating and dyspepsia (7,8).

#### Licorice Root

Its natural effects supports proper digestion.

#### Black Walnut

A great source of tannins, components with unique properties to provide natural cleansing action (9,10)

#### Pumpkin Seed

Known for its antioxidant power, pumpkin supports the digestive system's ability to function at an optimal level.

In addition to these natural cleansing herbs, LIFIBER provides 23 others to offer powerful gastrointestinal support.

Item# 26562 | Serving Size: 1 Scoop | 45 servings per container  
For more information, scan the code to the right, or go to [Unicity.com](http://Unicity.com)

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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# UNICITY

# UNICITY LIFIBER

## INTESTINAL CLEANSE

### SCIENCE (continued)

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A low-residue diet causes a gluey state that cannot be efficiently processed by the intestines. The colon is the solid waste management organ for the entire body, and mucous and rubber-like waste can easily adhere to the colon walls. The colon is the easiest breeding ground for microorganisms.

Skin blemishes, bad breath and fatigue can be linked to a congested colon. A semi-annual colon cleanse promotes a healthy digestive system. When waste backs up, other elimination organs become overburden in their duties. Cleansing your colon lightens the load on every part of your body. In fact, a colon cleanse may help promote your body to function at it's best.

All your cells are fed by your blood. Some of the nutrients that reach your blood get there by the way of the colon. So a clogged dirty colon may mean unwanted components in your blood. Fiber's significance comes from its ability to move food through the digestive system quickly and easily.

### REFERENCES

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